

THE POWER OF FLOWERS

By Allen Brandes

Truly one of the great gifts and miracle of the earth plane is the plant kingdom. Plants take basic nutrients into materials full of life force or energy. These materials are then made available for use by other life forms. In the process they give beauty to their surroundings, both in their form and in the beautiful flowers and odours that they produce. Talk about unselfishness!

For years I have studied the readings of Edgar Cayce, a 'psychic' who did most of his work in the 1930's. Many of his readings were health related, but the readings have digressed into many, many different areas.

One theme that runs through many of the Cayce readings is the multitude of benefits from taking long walks outdoors for both exercise and relaxation. That all makes sense and the concept is becoming more and more accepted today as possibly the best for of exercise with the least harmful side effects. But one thing has bothered me a lot over the years, and that is that Cayce stresses walking outdoors. Fresh air is important but is it really that important? I mean, air is air! There may be a little more Oxygen in the air outside, but will that really make a difference? Won't walking indoors achieve the same result?

A few weeks ago, my wife and I were out taking a long walk at night, when we got talking about how much better we felt walking in the country versus walking in town. At first I thought it was purely our anti-social behaviour but then it hit me that the real difference was the tremendous amount of life force available in the country, even in the wintertime. Then I realized that's why people like to walk in gardens and parks. They are surrounded by the life force of the plants living there. We absorb those life forces that the plants give to us, and those life forces re-energize us! So a long walk in the country is not only good exercise, but it is invigorating because of the absorption of all that freshly produced life force.

This explains another phenomenon that I have noticed over the years. There seems to be a different feel in the homes of people who have a lot of plants in the house. Their homes seem to be warmer and more comfortable than without plants or flowers. There is a sense of vitality. I used to think this was purely from more oxygen produced by the plants or by the effects of increased humidity. Now I wonder whether that feel is not the result of increased life force being produced by their plants.

When I try to remember back to the 'feel' of different places, there seem to be distinct differences even between those homes that do have plants or flowers. There seems to be a difference between the gardener's home and the flower lover's home and the 'decorator's home. They each have their own feel.

This got me thinking about the personality of the plants or flowers in these homes. If we each have a different and unique personality, then why wouldn't plants have different and unique personalities, therefore unique and different life force emanations? I would venture to say that each species of plant has it's own

personality and that individuals within that species each have their own specific personality. As we do not always get along with people of other ethnic groups (species?) or differing personalities maybe we should use a little care with the plants we have around us. Even people who have a 'green thumb' are not able to grow all plants successfully.

So what are we trying to say here, other than walking outdoors is good for you? Well, probably that we all should have plants and flowering plants in our homes and workplace. Also we should use some care in selecting those plants, not only for our wellbeing, but for that of the plants as well. And this, finally, is where dowsing comes in? Unless you are super psychic, how would you ever know which plants you should have around you? **DOWSE** for it of course! This may not be as easy as it sounds. There are literally hundreds and thousands of plants to choose from. What questions should I ask? Well, I would start by stating: "Please indicate which plant or plants, would be most beneficial to me and my family in our home at this time? Now that is a real open ended question! Beneficial, in what way(s)? Would it be beneficial for your physical health, mental health, psychological health, emotional health or spiritual health? Or is it beneficial for another family member? In other words, a particular plant may be beneficial in one or more of these areas. It may take several plants to do some real good. For that matter, the correct mixture may be what is required. MY suggestion here is to get gardening and flower catalogues, and start asking questions. Let your intuition be your guide. Another method would be to go to a nursery or flower shop and ask if there is a plant there that would be very beneficial to you. If you get a 'Yes' indication ask where it is located from where you are now standing. Follow the tool to where it indicates. Ask if this is the correct plant. Ask if more than one of these particular species will be required. If you get a 'Yes' indication here, ask if specific plants should be selected. Also ask if these plants should be used in combination with another plant or plants.

Do not be discouraged, if dowsing indicates a plant or plants that you do not particularly care for. Medicine does not always taste good! (I sometimes wonder if medicine, by its very nature doesn't always taste bad. It surely can't be medicine if it tastes good!) Another thing to consider is that the plant may work indirectly. It has been determined that some plants, the spider (or airplane) plant in particular, are very good at removing toxic vapours from the air. If dowsing indicates you need one or more of these plants it may mean that you have contaminated air in your home or office and these plants will be 'beneficial' to you just by cleaning up the air. You may need the discipline of caring for others, plants in this case. When you ask dowsing for guidance, you should put your faith in that guidance. If you knew all the answers, then why would you dowse for an answer in the first place?

I would like to digress a bit here and relate a story I heard from Sig Lonegren in Danville this past fall. It made me realize that plants are also here to heal. I mean not only as medicine for humans, but also medicine for the earth and the Universe. I will tell the story as I best remember it.

Sig Lonegren who studies ancient sites, was drawn to a particular ancient site in Mexico. While browsing the site, he was both drawn to and terrified of a particular

area on that site. When he finally was able to approach the area, he found nothing but a deep pit with water in the bottom of it. Along the side of the pit, a particular species of plant was growing. There were no other plants in or near the pit. After much mediation, consulting with psychics, and studying the history of the area, Sig found out that at one time a civilization existed there that 'vitalized' the area by the use of human sacrifice, children in this instance. In a past life, Sig had one of the children sacrificed in this very pit. Through guided mediation Sig was able to actually remember the incident and the emotions involved, thus the resulting terror in this lifetime. The plant growing in the pit was of the nightshade family and is historically known for its use as a treatment for nightmares in children! This may sound like a tall tale, but if you would have heard and seen the emotion as Sig Lonegren told this story, you would probably think otherwise.

So it seems that plants and flowers are here not only for food and energy for the Earth and mankind, but also to heal that Earth and its inhabitants. So if you have flowers (dandelions!) in your grass, that has a lot to say about you. If you have an abundance of perennial crabgrass, that may say something else!

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