

# THE METAPHYSICAL ASPECT OF SOUND AND COLOUR IN HEALING

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In this short talk let us turn our thoughts away from the mechanics of our work and consider the metaphysical aspect of our healing work.

Sometimes it is good to open our minds and explore the universe, for it we only travel along well-beaten paths we are apt to find ourselves in a rut. If we wish to keep young in body, mind and spirit we must expand our thinking, and enlarge our vision.

For the Good Book tells us that "without vision the People Perish".

If we were gifted with a knowledge sufficient to compass every subject on earth, we would consider there was no subject more worthy to talk about than this subject of sound and colour, for it covers the whole gamut of the material and spiritual manifestation of the universe and of all life.

It encompasses all things, for nothing can exist without colour and vibration, so, right from the Creator Himself, down to the lowest form of life, colour is manifest in their existence.

To touch only on the fringe of this tremendous subject, it would take thirty to forty hours, so in our short talk you may have to accept some of our statements or reject them as you wish, for we will not have time to go into all the details and explanations of them.

As osteopaths and naturopaths we are all agree, are we not, that in the final analysis we do not know exactly how the healing of the body is accomplished.

Oh yes, we know that by using certain techniques, and by using herbs and homeopathic remedies, some form of healing is accomplished, yet we cannot specifically say just how that healing was accomplished.

We say that our techniques and potions key off the inherent self-healing factors within the human body, and then Nature takes over and heals the body. But to say Nature does the work covers a very broad field. For what is Nature?

We say "Well, Nature is God".

We ask "Who is God"?

You may say, that God is the Creator, the Great Architect of the Universe.

The Great White Brilliance, The Supreme Mind, The All The Supreme Intelligence, The Radiant Energy, but when we have said all this, we are stumped. We actually do not know.

Oh yes, we see His manifestation in everything around us. We see the delicate artistry of His handiwork in the human being made after his image, and we experience His Love, but no one has seen the Father.

And so we come back to the question, how is the healing of the body actually and finally accomplished?

Yes, we build up the mineral and vitamin content of the body. We adjust the alignment of the spine to relieve pressure on the nerve supply to various parts of the body. We relax the tension in the joints and muscles.

We advocate natural raw foods and fasts, and exercise and rest, but still we are no nearer the answer. How is the healing of the body accomplished. We have our theories; we know it happens, but how? After all is said and done, it still remains a mystery, unless you can tell me how it happens. Some of you may have the answer.

To gain the slightest inkling of this mystery we must go back to the dawn of the universe trillions of years ago.

Now you may not agree with all we may say, because as Krishnamurti says, "The Truth cannot be adequately conveyed from one to another; it can only be progressively self-realized".

All scientists agree that nothing can exist without vibration. No matter how solid a substance seems, to be, it still is a mass of vibration. Every atom, every molecule, is vibration on a specific wavelength.

Now when we say that God is vibration, some eyebrows might be raised; some may say "We cannot accept that". But if we believe what the scriptures tell us, "That God is all and through all, we cannot help but accept the fact that God is vibration, with an Infinite Intelligence which is also vibration, for He is Spirit, and All is vibration.

We believe, do we not, that everything was created out of the substance of God. Thus everything is Spirit or vibration, and as we know, all vibration is colour, so in the seven rays of the rainbow we have to look for the origin of everything tangible in creation.

Colours are the mines of all cosmic rays, and these rays are Omnipotent, Omniscient and Omnipresent. Also they are the healing rays that restore Life and Vitality.

These Cosmic Rays know the disease, by their Omniscience. They cure by their Omnipresence. Colours are highly curative, and this has been proved through the ages. Colour has been used in India as medicine and healing from time immemorial. The ancient Egyptians had their temples for Colour Healing.

Three thousand years B.C. the Chinese used colour in their healing arts. The change in the Cosmic Colour rays, are at the root of all disease, and also the Cosmic colours are the only forces capable of curing those diseases.

Cosmic colour hunger or deficiency of colour produces the disease. When the hunger is appeased by different colours radiating through the body, the disease is eradicated.

Colour Therapy should have a place of honour amongst the numerous medical systems of the world, for in the ultimate, all healing is accomplished by colour (colour in hospitals). Down through the ages man has continually witnessed the weird phenomenon of the Rainbow on the clouds.

I wonder how many really grasp the true significance of this marvellous spectacle, or its usefulness in life, or its Philosophy. The rainbow, comes and goes suddenly, leaving no mark behind. The rainbow is always the same; composed of the seven most brilliant colours known to science, red, orange, yellow, blue, Indigo and violet.

In Genesis we read that God set His bow in the clouds, which shall be as a token of a covenant between Him and the Earth.

And He said, "When the bow is in the cloud, I will look upon it, that I may remember the everlasting covenant between God and every living creature of all flesh that is upon the Earth". These are powerful words.

By the will of God the rainbow becomes visible on the cloud and it is one of the most significant symbols for the whole world, because the rainbow forms the covenant between God and Earth with all its contents. God is in the rainbow. God is the rainbow. The rainbow is composed of seven rays, and thus those seven rays are the manifestation of the Lord of the universe. The Bible seems to indicate that God himself, and the cosmos, are composed of these seven rays.

These seven rays are the primeval formative forces of Nature which by their combinations and their separations condense themselves into tangible forms. This may be proved and illustrated by looking at a patch of cloud in a blue sky through a prism. This will reveal that the predominant colour of the cloud is orange, so the visible cloud, therefore, is nothing but the condensation of the orange colour of the rainbow. Likewise water will show the same orange colour. All things will reveal their own particular colour ray.

In the ancient writings, there is an interesting passage relating to the seven colours of the rainbow. It describes them as the matrix of the universe.

It says "in this manner the Great Lord, the Lord of all Lords, the Universal Father, always creates Time, He being of the essence of Time, with a body endowed with all conceivable powers.

The seven rays that compose His body are omnipresent and illumines the limitless worlds in the universe. This statement of the ancient writings makes it evident that the substratum of the universe consists of the seven principal rays, which are the chief of the myriad rays forming the body of the Universe and its Lord.

These rays then, represent the body of the Lord, which is identical with the Universe and are endowed with the same qualities and powers of the Lord, the three qualities of Omniscience, Omnipotence and Omnipresence. The rays do the work of creation, maintenance and destruction of the Universe as the Cosmic Mind wills, and as time is mature.

The Scriptures tell us that the seven spirits around the throne are the seven rays, the omniscious of God, sent forth into all the Earth.

Thus the statement from the Bible gets confirmation from the ancient wisdom. It is now possible to understand more fully why the rainbow is the covenant between God and the Earth.

Scientists also tell us that every tangible thing is made up of rays and radiations. It is created by the rays, maintained by rays and ultimately destroyed by rays.

Thus all forms have their origin in the seven rays of the rainbow. The rainbow, therefore, has the greatest significance for this mortal world.

All forms, then, have their origin in the Cosmic Light and receive their nourishment and sustenance from the Cosmic Light.

The seven rays of the rainbow are omnipresent, that is to say they are everywhere present. We cannot see these colours with our eyes, unaided, for our eyes are not in tune with the dimensions in which the seven rays operate.

Now I do not want you to take only my word for this, but you all can demonstrate these facts for yourselves. Get a prism, that is a triangular piece of clear glass or crystal and look through it very carefully at the surrounding world and you will discover that there is nothing in the world that is not enveloped in the seven rays of the rainbow. All men, animals, trees, rivers, mountains and all things manifest the seven colours of the rainbow.

So all creation is the body of the Lord which is made up of rays and radiations, for every form has its roots in the great Cosmic Light. All things are created out of the substance of God, so right from the Creator himself, down to the lowest form of life, colour is manifest in their existence.

All scientists agree that nothing can exist without vibration. No matter how solid a substance seems to be, it still is a mass of vibration. Every atom, every molecule, is vibrating on a specific wavelength.

Now when we state the fact that God is a vibration, some may disagree, but if we believe what the scriptures tell us, "God is all, in all and through all: we cannot help but accept the fact that God is vibration with an Infinite Intelligence which is also vibration. We have not time to explain this fully.

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